



# Creating ADVENTURES





### COMMUNE WITH AMUNDSEN

I recently had the pleasure of meeting Anders Bache, the Norwegian curator of the fascinating Amundsen Museum, south of Oslo. Though time appears to have stood still, Anders' knowledge of and passion for his subject brings this tiny house alive - it's as if Amundsen himself has just momentarily stepped out. If you find yourself with a spare afternoon in Oslo en route to one of our Arctic voyages, ask Fiona how we can include a visit to this gem of a museum.



Dear Adventurer

Very Happy New Year wishes for 2024. I'm pleased to say that 2023 did not disappoint and 2024 is looking similar! Amid a record year for bookings, I finally made it to Georgia in October and I'm just back from Central India where I recce-ed a stunning wilderness lodge in Pench National Park. In February I'm making a whistle stop trip to Antarctica then in the late summer Costa Rica beckons. It's so good to be travelling again and I hope I can inspire you with this latest round up of travel snippets.



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# The Warm Heart of GEORGIA

I sensed my trip was going to go well when the smiling immigration officer at **Tbilisi** Airport welcomed me to **Georgia** and proffered a miniature bottle of **Georgian** red with my speedily stamped passport. Soon after, I was in the safe hands of my excellent driver guide who would be my constant companion for the next 10 days. Finally, three years after the pandemic, I've made it to **Tbilisi**, the charming **Georgian** capital where **Europe** meets **Asia**. What a great start. Cobbled streets, hanging balconies, fortresses, churches and a trendy café culture vibe, interwoven with the ever present **Kura River** which wends its way through the centre of the city.

Heading North, up the Georgian Military Highway, I saluted the border with Russia before making the unforgettable pilgrimage to Trinity Church perched high on a knoll in the shadow of Mt Kazbegi (5054m) in the High Caucasus. There is no place like it - this tiny church with a backdrop of snow peaks will stay with you long after you visit in person.

Svetiskhoveli Cathedral, burial place of Georgian Kings, imposing Ananuri Fortress and Stalin's Museum, featuring his childhood home and original railway carriage at Gori (his birthplace) are all stand-outs in what was an extensive trip around Georgia. I wandered the

7th century cave town of **Upliksikhe**, marvelled at **Kutaisi's** 12th Century **Gelati Monastery** with its incredible frescoes and got vertigo visiting the **Enguri Reservoir Project**, at one time the largest dam in the world.

I arrived in **Ushguli** in thick snow, with its **UNESCO** Fortress Tower Villages - a must see of the **Svaneti** region in the **High Caucasus** with near 5000m peaks of **Tetnuldi** and **Ushpa** looming over me. I strolled around the village, lit a candle in the tiny church and fell in love with the incredible scenery and sharp mountain air. Wherever I went, **Mt Tetnuldi** seemed to follow me











Soon it was time to head south, to the **Black Sea** coastal city of **Batumi** with its 19th century and soviet architecture, incredible Botanical Gardens, palm tree lined plaza and dancing fountains - a sight to behold.

I paid brief homage to the border with **Turkey** at **Sarpi** before turning east once again, travelling three hours to the former Soviet spa town of **Borjomi** to hike in its beautiful national park. The four hours I spent trekking on steep zig zag trails of conifer and pine to the beech and oak lined ridge with far reaching views, were just sublime.

Special mention must go to my **Georgian** driver, **Irakli** and his trusty 4WD. He transformed my trip with his encylopedic knowledge of the region's history, politics, architecture, culture and daily life and drove me safely and with good humour almost the entire length and breadth of the country. It



was a pleasure and a privilege to spend time with him and gain such an insight into the life of **Georgians** today. I have returned home with a renewed interest in the region and its lively neighbours.

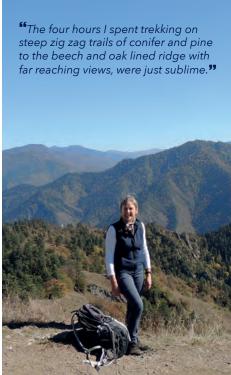
Winding up the trip I suggest that southern **Georgia** is the unsung hero. If you are lucky enough to go, you must visit **Vardzia** – not only for its extraordinary cave city but also for the drive to and fro – at first following a picturesque river in a deep and winding canyon and later the gorge giving way to vast prairie like windswept plains, reminiscent of my trip to **Tibet** some years back. The glory of the autumn leaves - golden yellows, reds and browns among the green, only added to the colourful canvas laid out before us as we drove.

My last day was spent sipping some rather nice **Georgian** reds and whites in the SE wine

region of Kakheti. En route we stopped at the roadside and Irakli bought great slabs of salty sheep's cheese, bow shaped Kakheti bread, buffalo yoghurt and long candle-like strings of Churchkhela made from grapes and walnut. Cobbled streets, wine chateaus and imposing monasteries were found at every turn and I spent some time reminiscing about the food I'd been enjoying. Giant fresh tomato and cucumber salads bursting with flavour and infused with walnuts. Khachapuri (a doughy bread) with cheese (Sulguni) or Quail's eggs, thick creamy yoghurt and local honey, walnuts and dried fruit, grilled trout and Churchkhela. All washed down with a glass of Tsinandali red or a chilled tankard of Natakhtari Gold.

All too soon my trip was over. **Irakli** and I had covered 2400kms around **Georgia** in pursuit of memorable landscapes and experiences. I found them around every corner.















# Do remember, in terms of destination ideas, our newsletters are just the tip of the iceberg. We tailor-make holidays to some incredibly diverse locations worldwide. Think Egypt or Ecuador, Oman or Uzbekistan, Tibet or Tajikistan, Sri Lanka, Morocco, Mongolia or the Maldives to name but a few - call us to discuss your hopes,

your dreams or even your fears and we will

look after you.

COMMENTS



The trip went well - all your arrangements were excellent, informative and helpful. So many thanks for all your work in dealing with what must be one of the longest booking arrangements you have ever had - three years? Numerous landings - regularly two a day - and an outstanding number of "wildlife" sightings, including, much to everyone's delight five polar bears. Unbelievably calm weather throughout, extensive wildlife sightings, the most comfortable facilities and ever helpful **Sea Spirit** crew/ staff made for an excellent trip. With many thanks to you **Fiona** for "making it all happen"



#### LETS CELEBRATE -LETS TSECHU

We've great news - Bhutan has just announced numerous festivals running through to April 2024 celebrating the country's national identity and promoting bird watching. The festivals include the Rhododendron and Black Necked Crane Festival and the Bhutan Bird Festival in Tingtibi home to the critically endangered While-bellied Heron. Visitors can expect local singers, mask dances and traditional Bhutanese music. Wander among food stalls of smoked fish, bamboo shoots, pickles, Kharang (maize grits) and Tongpa, the local brew served in bamboo containers, a favourite of locals and foreign visitors alike.

>> Fiona will plan your visit.



## Snippets

#### ONE + ONE = TWO

Like most of us, I could not operate without the help of my trusty accountant. She not only keeps me on track but deals with some of the onerous paperwork required to maintain our ATOL license which ensures all your holidays are safely ATOL protected. She called in recently to see what I was up to!



#### JAPAN'S NAGASAKI LANTERN FESTIVAL

After a three year hiatus, February 2024 sees the return of the Lantern Festival at Nagasaki on Kyushu in Japan's far South West. Stunning arrays of colourful lanterns adorn streets, temples and houses, and visitors can expect an eclectic blend of entertainment, from captivating lion dances and masked performances to impressive parades and hands-on lanternmaking workshops.



#### SAIL/FLY **ANTARCTIC** EXPRESS with Fiona!



In mid-February, I head out on an exciting voyage South. Antarctic Explorer Express is a condensed version of the longer Peninsula itineraries. It may seem indulgent to embark on a quick trip to Antarctica, but for travellers who are short on time, this short trip could be just what you are looking for.

By flying across the **Drake Passage** in at least one direction combined with a compacted time in Antarctica, these voyages are tailored for travellers seeking a quick adventure to the frozen continent. Enjoy zodiac excursions to explore rugged coastlines, where unexpected appearances from curious whales are known to occur.



Sylvia Earle (132 passengers)

When: Nine day voyages: **February** 2024/25

Ask: Fiona for availability

and pricing



#### **ROBERT CURRIE IN HOKKAIDO, JAPAN**

#### September 2023

The raw white fish glared at me so balefully from the plate that I wondered which of us would manage to eat the other. Eventually I accepted a draw, ate his companions and left him on the plate. This was my only attempt to eat sushi, and it took place at a posh Japanese restaurant in Sapporo, the main city of Hokkaido, which is the northernmost island of Japan and where I have spent three delightful weeks following an itinerary impeccably organised by Far Frontiers Travel. The following night I did my bit for the Japanese ecology by eating venison. My guide had told me this was encouraged, as the deer population was getting out of control. Other ventures into Japanese cuisine were more enjoyable. At a stall by Lake Toya, I persuaded Masako my guide to try a soft ice cream. This was, unusually, black, being flavoured with squid ink. She got her own back by presenting me with octopus dumplings, made with rice flour rather than suet, and rice balls, flavoured with salmon and wrapped in edible seaweed.

I spent the first morning in **Tokyo**, watching a sumo training session. One giant practised pushing another giant out of a ring. The bouts, which I watched on TV that evening, are ferocious, the grips being best left to the imagination. The afternoon's tour of Tokyo featured Meishi Park, a tranquil woodland in the heat and bustle of Tokyo, dedicated to the Emperor Meishi (1868-1912) and his Empress Masako. Hiromi the guide told me they had transformed Japan from a feudal society to an industrial democracy.

Hokkaido is about the size of Wales, sparsely populated and lovely; pretty in places, awesomely grand in others. One day I spent peacefully cruising Lake Toya; another walking around another lake in Unema Park, looking at verdant islands and



replied.

The highlight, for me, was the cruise along the side of the Shiretoku Peninsula. The planned cruise was cancelled because of high winds. Sachiko the guide arranged with another company to cruise the more sheltered water on the west side. The bears on the shore were too distant to be worth photographing, but the grandeur of the cliffs, tortured into fantastic shapes by wind and sea, would alone have made the trip worth while. The following day we walked on the Noshuy Peninsula, a flat, desolate spit pointing into the Okhotsk Sea. From there I could see Kanashir, an island controlled by Russia though claimed by Japan. Tommy, the driver, whose hobby is mountaineering, wanted the Russians gone so that he could climb two mountains on Kanashir.

I spent the last three nights at a Ryokan, a traditional Japanese inn where I slept on mattresses on the floor, and ate meals prepared in my room by the maid. The first evening featured a tea ceremony, a serious but friendly ritual that included much bowing and smiling. Its original purpose, I believe, was to emphasise equality between host and guests, and among the guests, at a time when Japanese society was oppressively hierarchical. The tour of Kyoto included colourful, ornate Buddhist temples and more modest, naturalistic Shinto shrines. I understand from Meiko the guide that the contrast in appearance reflects the different values of the two philosophies.



Hokkaido is a wonderful place, a land of contrasts, not only between city and country, but also between rural prettiness and the bleak austerity of volcanoes and coastline. What made it a glorious holiday destination was the guides, whose expertise and helpfulness made me feel I was with friends, and the people on whom I practised my comically inept Japanese. "Yubin kitte wo kaitain desu ga" (I should like to buy a postage stamp) secured enough stamps to post a card to **England** and have it safely and promptly delivered.











October 2023

Last year's grand voyage on the ferry along the west coast of Greenland has been eclipsed by this year's Scoresby Sund voyage on the Rembrandt Vin Rijn. There was comparatively little wildlife in late September, but we had the aurora most nights, a greater variety of icebergs, glaciers and snow than I thought existed, and we spent an awesome afternoon pushing our way out of rapidly thickening ice. Back at home, a friend asked if I'd been frightened of being stuck there. No, it was much too interesting for that! Altogether a wonderful trip. Thank you as always for your help."

Anne Robinson, Sail Scoresby Sund, September 2023



"Mongolia - you were all I hoped you would be - remote, majestic, proud, tough, unforgiving, with an unsurpassed beauty of your landscape and peoples. Mongolia was spectacular on so many different levels and I will forever remember and hold in my heart the kindness of the remote herders and their families who welcomed us into their gers and shared their fermented mares milk/ tea/hard cheese/home distilled vodka and Mongolian BBQ (Khorkhog) and the always delicious national dish of Khuushuur meat pastry. To witness a Mongolian horseman (and woman) at full gallop across the wide open plain of the Altai Mountains is truly a thing of beauty and an experience I will treasure and be forever grateful for. Till next time, and as always, thank you **Fiona** for your professional, considered, ongoing assistance in helping me realize my travel dreams."

Julie Butler, Riding in Mongolia and the Gobi Desert, July 2023





"I had a wonderful time. Thank you for arranging such a great holiday. All my arrangements went smoothly. I found out a lot about **Greenland** and its people, saw many beautiful landscapes, met some interesting people both other travellers and locals. Pre-departure there was just enough information and not too much. I found having all the itineraries, tickets and vouchers in order in a neat wallet very helpful."

Diana Lubelska, West Coast of Greenland by Ferry, August 2023



I just wanted to say what a FABULOUS trip I had in **India**. Your partners over there were fantastic and looked after me very well, keeping up to date with the schedule by WhatsApp and being on time whenever they were meeting me. The hotels were wonderful - very much days of the Raj!! I even had a visit from the family at **Ratan Villas** to make sure that everything was in order. My driver **Sohan** was perfect and kept me safe in the madness that is Indian traffic! The guides were all very knowledgeable and friendly - I felt very lucky to have my own individual guide rather than be in a group. Getting that iconic photo at the **Taj Mahal** was a big plus. Varanasi surprisingly touched my spiritual heart much more than I expected. The architecture, colour and light made it a dream for taking photos and I am still going through my 500+ shots. Great memories as I wade my way through them. Thank you so much for organising everything for me. <sup>1</sup>

Denise Cox, India, October 2023

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